

## COUNCIL ON AGING MEETING: Minutes

April 12, 2011

In attendance: Brian MacLeod, Pat Clark , Rita Vail, John Shay, Ray Crowley, Al Ouimet, Deanna Vermette, Becky Moriarty, Marq Culhane, Kathy Foster, Karen Leger

Absent: Al Ouimet (e)

Brian called the meeting to order at 8:30 AM.

Secretary's report of March 8, 2011 was accepted with the following correction:

Rita offered the use of her personal credit card for the single purchase of chairs for the pool room—dollar amount to be reimbursed when the payment is due.

Treasurer's report was accepted.

Director's report was accepted.

Regarding short and long term goals, ideas were given to be voted at the next meeting. These include but are not limited to:

1. Post the names and pictures of COA board members.
2. Transportation (This may relate to securing our own van or. . . .)
3. Further concentration on exercising—bike/treadmill, etc.
4. Get coupons from the Mini Golf Course or The Y for Senior Center clients to take advantage.
5. Post signs by the road for specific activities, e.g. "Sign up now for. . . ."
6. Open at night. Was suggested this be for a specific purpose (like a class) for a limited time, to see how well received. Coverage of the Senior Center must be considered.
7. Lunch attendance is down. Ways to improve it?
8. Marketing.

Outreach report: Wendy works 18 hours/week. She is seeing if Hampden can be a drop spot for brown bag because our numbers are up. Two people are swapping special needs foods for regular due to the food pantry program. Fuel assistance and food stamps are on the rise. October 22<sup>nd</sup>, the health fair will be from 10AM to 3PM. Red Cross will have its Blood Mobile here. Lions maybe will have the Eye Mobile. Vendors will be inside the great room; the craft room will be for Senior Center advertising. Friends maybe will have a bake sale. We need volunteers for greeters. Lunch is included with the price for the day (for vendors) and will be supplied by the Village Mart.

Activities report: interviewing is happening this week. In the meantime, Wendy is helping with special events e.g. opening @ Fenway Park.

GSSSI: John reports they are looking for volunteers for the ombudsman program. Someone would come to speak regarding the DASH program (Dietary Approach to Hypertension).

Deanna reports that her meeting concentrated mainly on central MA. Starting to look at grants about which she will be telling Becky.

A Nominating Committee is already due for the COA. Brian will appoint this group at the next meeting. Brian's and Rita's term will expire June 30<sup>th</sup>. We need to find two under age 60 members.

Deanna pointed out that the awning in the back of the building has collapsed due to snow load and we need to address this issue.

Meeting adjourned at 9:30 AM.  
Respectfully submitted,  
Rita Vail, Secretary